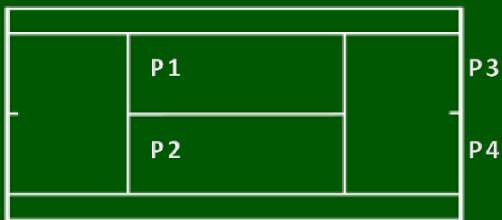


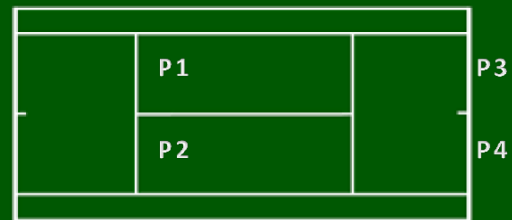
1.1 – 2 AT THE BACK 2 AT THE NET



2 RALLIES TO DOUBLES POINTS 1.1

- Play 2 sets first to 10 points, swap side with your partner after the first set. The playing area is full doubles court.
- Always net players start the rallies. No lobs allowed.
- Start 2 rallies at the same time DOWN THE LINE (P1-P3 & P2-P4)
- When one rally breaks down, the player who missed has to SHOUT PLAY and all 4 players play the point out as it was a doubles rally.
- The 2 rallies at the beginning should be about consistency. If the 2 rallies at the beginning break down at the same time, do a replay.
- Repeat the game by the teams changing roles.

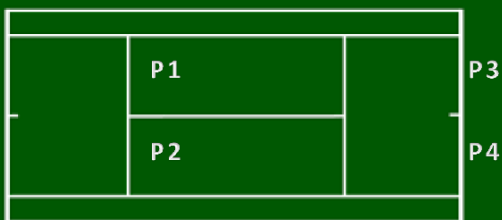
1.2 – 2 AT THE BACK 2 AT THE NET



2 RALLIES TO DOUBLES POINTS 1.2

- Play 2 sets first to 10 points, swap side with your partner after the first set. The playing area is full doubles court.
- Always net players start the rallies. No lobs allowed.
- Start 2 rallies at the same time CROSS COURT (P1-P4 & P2-P3)
- When one rally breaks down, the player who missed has to SHOUT PLAY and all 4 players play the point out as it was a doubles rally.
- The 2 rallies at the beginning should be about consistency. If the 2 rallies at the beginning break down at the same time, do a replay.
- Repeat the game by the teams changing roles.

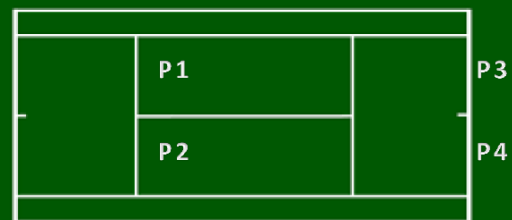
1.3 – 2 AT THE BACK 2 AT THE NET



WALL AT THE NET

- Play 2 sets first to 10 points, swap side with your partner after the first set. The playing area is full doubles court.
- Always net players start the rally.
- Net player feeds the ball, baseliner hits a rally ball back then play the point out.
- Net players are not allowed to finish the point with angled volleys/ drop volleys. Baseliners not allowed to lob.
- Net players are trying to be a wall and just beat baseliners with the consistency of their volleys. Can hit the ball as hard as you want.
- If the volley angles out too much or it's too short (2nd bounce is in the service box) then replay the point.

1.4- 2 AT THE BACK 2 AT THE NET



NET vs BASELINE

- Play 2 sets first to 10 points, swap side with your partner after the first set. The playing area is full doubles court.
- Always net players start the rally.
- Net player feeds the ball, baseliner hits a rally ball back, net player has to hit a deep volley of it then play the point out.
- Net players are allowed to finish the point after shot no.4 (including the feed). Baseliners are allowed to lob after shot no.5 (feed counts)